

**Candidate Bio:**

Crystal J. Gluch (Lamb), PT, DPT, Board Certified Cardiovascular and Pulmonary Clinical Specialist

Crystal is a cardiopulmonary physical therapist specialist and residency faculty at the Veterans Affairs (VA) Ann Arbor Healthcare System. She is honored to serve our veterans across practice settings including acute care, subacute care, and outpatient cardiac and pulmonary rehabilitation. She earned her Doctor of Physical Therapy (DPT) degree and her Bachelors degree in Psychology from Grand Valley State University, and graduated from the VA Cardiovascular and Pulmonary PT Residency in 2019. She became involved in the APTA and APTA Michigan early in her student career and has passionately continued her work. As a new professional she created an MPTA Student Liaison position and served in this role for 2 years. She currently serves as a Michigan Chapter Delegate (2018-2021) to the APTA House of Delegates, on the MPTA Board of Directors as Communications Director (2019-2020), and as a MPTA Membership Committee Member (2014-2020). She served in APTA and APTA Michigan student leadership throughout her DPT program, attended multiple legislative events and earned a sponsorship for a national advocacy event based on her passion to advocate for the future of physical therapy and its patients. Additionally, Crystal served as a Global PT Day of Service (PTDOS) Ambassador for 4 years to promote service to the community. She was recognized for her contributions to the profession and its associations as the 2018 MPTA President's Award recipient, 2016 APTA Outstanding Core Ambassador, 2016 APTA Minority Scholarship Award recipient, 2016 MPTA Outstanding Student, and was nominated by the MPTA for the 2016 APTA Outstanding Student Award.

**Candidate Statement:**

I began my involvement in APTA Michigan because I could see the many opportunities we had to transform society by sharing the benefits of physical therapy with the public. We have so much to give to enhance an individual's life. From pediatrics to geriatrics and from prevention to hospice care - we have an impact. We know that, but does the public really know how we can help? For every person we reach, there are many more we do not reach simply because they do not know that physical therapy can help them. I would love to be your Director of Communications to help share the depth and breadth of physical therapy with the public, the healthcare field, and amongst ourselves as we continue to grow and expand our reach on society.

I would be honored to continue to serve as your APTA Michigan Director of Communications. During my time as Director, we have launched a consumer video campaign, APTA Michigan Waves – our podcast and APTA Michigan Lines – our blog! We have a talented volunteer committee serving our membership that is committed to enhancing communication through social media and beyond. I would love to continue to lead and foster communication efforts by connecting us through community with each other and community outside of physical therapy. When we reach outside of ourselves we share the benefits of physical therapy through a ripple effect and maximize our impact. Thank you for your consideration!