

## Biography

### J. Annette Nickel, PT, MPT

Annette has been active in the APTA since 1997, most recently as APTA Michigan Eastern District Director. Previously she served on the MPTA Board of Directors as Conference Chair and later as a committee member. Annette also served as MPTA Northeastern District Treasurer, key contact, and attended many MPTA conferences and legislative events

Before retiring from clinical practice in 2016, Annette worked for McLaren Flint. She had more than 14 years practical experience in hospital and orthopedic out-patient physical therapy, and 8 years as site supervisor. While at McLaren, Annette established a clinical lymphedema treatment program in conjunction with the cancer center's breast cancer program, providing patient care, staff education and assistance with cancer support groups. Annette also established and implemented a community education and exercise program for osteoporosis, based on the Meeks Method. Annette received her MPT from UM-Flint in 1999.

### Candidate Statement:

Since I am no longer actively employed, it is important to me to contribute to physical therapy by participating in our professional organization. If elected, I look forward to continued service to APTA Michigan at the District level. We currently have a great team, who as a group are committed to promoting the profession.