

Sarah Patterson PT, DPT

Bio:

Sarah graduated from Grand Valley State University with her DPT in 2016 and now works in Traverse City, MI in private practice outpatient orthopedics. She completed in her fellowship in Applied Functional Science in 2017 through the Gray Institute. While completing her DPT, she was on the Student Relations Committee, which sparked her involvement in APTA Michigan. Following graduation, she decided to volunteer at the district level and was the Northern District Co-Vice Chair for 1 year, following which she ran for Northern District Chair, which she has been for the last 2 years. Sarah has also been fortunate enough to represent the Northern District as a Delegate for the last 3 years. Personally, her and her husband just had their first child, Carolyn in October 2019 and are enjoying watching her grow! Sarah also has 2 Labrador Retrievers and an English Setter puppy that keep her active. In her free time, she plays volleyball and volunteers on the committee to plan her local Relay For Life event benefiting the American Cancer Society.

Statement:

I would be honored to have the opportunity to continue to serve the Northern District as Chair. I am passionate about continuing to bring quality continuing education and social networking events to the Northern District, whether virtual or in person. I am looking forward to being able to continue to represent the district at the House of Delegates and to report back important topics after and during the House. I hope to continue to engage more members and increase member awareness of APTA Michigan activities and actions, and to promote more engagement of members in our region.