

Kathleen Walworth, PT, DPT
Board Certified Geriatric Clinical Specialist (GCS)
Advanced Credentialed Exercise Expert for Aging Adults (A-CEEAA)

Bio:

Dr. Kathleen Walworth graduated from Grand Valley State University in 2013 with her Doctorate in Physical Therapy. Her research focused on the effects of exercise in persons with multiple sclerosis with an Expanded Disability Status Scale of 7.0 or higher. She completed the coursework required to become a Certified Exercise Expert for Aging Adults (CEEAA) in 2014 and the Advanced-Credentialed Exercise Expert for Aging Adults course in 2019. She successfully passed the American Board of Physical Therapy Specialties (ABPTS) examination to become a Board Certified Geriatric Clinical Specialist (GCS) in 2016. Kathleen is currently employed as a staff therapist for Athletico Physical Therapy and also serves as the primary physical therapist for Hospice of Hillsdale County. Areas of special interest include geriatrics, neurological disorders, gait and balance retraining, and vestibular rehab. She regularly serves as a clinical instructor for both PT and PTA students and has developed and taught several courses to train physical and occupational therapists on best practices for the geriatric patient population.

Candidate Statement:

I have been active in our professional association since I started the DPT program at GVSU in 2010 and have attended many events as both a student and now as a professional. On the state level, I currently serve as Chair of the Michigan Physical Therapy Political Action Committee (MPT-PAC). You can find me at every APTA Michigan conference in the exhibit hall collecting donations to support our state legislative efforts. Through this roll I have attended various legislative events to advocate for our profession and patient access to our services. On the national level, I am in the final year of my 3 year term as Section Programming Chair for APTA Geriatrics where I have been responsible for selection and implementation of all geriatric programming and events at the 2019, 2020, and upcoming virtual 2021 Combined Sections Meeting (CSM). It has been a privilege working with leaders in physical therapy throughout the United States to make this conference the best experience possible for attendees across all sections/academies. I am honored to be a candidate for APTA Michigan Speaker of the Membership. I bring with me a strong background in collaboration, organization, and passion for our profession. I am excited about the future of physical therapy and welcome the opportunity to take on a more active role within APTA Michigan.