



Michigan Physical Therapy

Shorelines

A Publication of the Michigan Physical Therapy Association Volume 45, No. 1 Spring 2018

MPTA Annual Pain Summit to Explore Interprofessional Thinking

Leonard H. Van Gelder, PT, DPT, AT, ATC



Pain is both a gift and a curse. Pain is essential in the recognition of possible dangers that threaten our human existence. Without pain, we would have significant difficulty recognizing possible danger to our body and within our environment. However, pain can exceed its value quickly over time when tissues heal and recover but pain may persist. When the mechanisms involved in the pain experience become excessively protective, they are both influenced by, and have profound effects on, a person’s physical, psychological, social, and cultural wellbeing.

America has the highest rate of reported pain in the world with more than 1 in 4 (34.1%) Americans reporting day-to-day or frequent pain in their daily lives. Despite advances in diagnostics, surgery, regenerative medicine, pharmacology, and rehabilitative interventions, chronic pain continues to grow in prevalence exceeding heart disease, diabetes and cancer combined. Emphasis on the use of opioids for pain management from 1996 to 2001 has led to the opioid epidemic that is ravaging the American landscape resulting in an average of 142 deaths per day which now exceeds automobile accidents and gun deaths combined. We are further challenged by our traditional medical education models across multiple disciplines failing to provide adequate foundations in current pain science and treatment of persistent pain.

Pain is a complex biopsychosocial issue which requires ‘interdisciplinary thinking’ and consideration for multidisciplinary treatment. Interdisciplinary thinking means that each discipline must take responsibility to understand the

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½ page: \$575 Next submission date: April 23



PAIN SUMMIT 2018 (Con't)

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foundations of their colleagues' disciplines and connect those principles to their own clinical decision making as well as educate patients on the contribution of each discipline in the overall plan of care. A patient's beliefs, understanding, and trust are cornerstone to successful outcomes and any disconnect in language between disciplines can derail the most effective treatment plan. There is increasing evidence that identifying consistent, non-threatening language across disciplines influences patient perception of their problem and outcomes.

Though multidisciplinary treatment often evokes images of a single facility that houses all specialties, research and clinical experience demonstrates that interdisciplinary thinking and effective pain treatment can be successfully delivered in a

multiple-organizational model. Pain knowledge, care coordination and communication is equally critical in both models.

The Michigan Physical Therapy Association (MPTA) has decided to devote their 2018 spring meeting to the first Annual Pain Summit with an emphasis on interdisciplinary thinking. This summit will serve as an introduction to pain science and the biopsychosocial model of treatment involving multiple disciplines. Sessions will provide practical strategies for integrating these principles into clinical practice. It is an honor to have been asked to coordinate speakers, unify the theme and provide an evidence-based foundation in caring for patients with persistent pain. [#ChoosePT](#)



Register online at mpta.com

MPTA 2018 Pain Summit
Earn 7.5 CEUs/PDRs
March 24, 2018: 8am-5pm
Kellogg Hotel and Conference Center
219 South Harrison Rd.
East Lansing, MI 48824

Early Bird Registration Deadline:
March 15

Members: \$125/ Non-members: \$165

Sessions Overview:

Delving into the Biopsychosocial model of practice – A physician and a PT's journey into understanding and treating pain

Michael Distler, MD and Leonard Van Gelder, DPT, ATC, TPS, CSMT, CSCS

Therapeutic Alliance- How to Obtain a Positive Outcome Without a Disaster - *Tim Phillips, PT, DPT*

Understanding the Role of Pain Science in Human Movement - *Leonard Van Gelder, DPT, ATC, TPS, CSMT, CSCS*

Function and ADL Pacing for People in Pain - *Megan Dickerson, MOTR/L*

Psychologically Informed Care- Transforming the Model of Care to Create Value in Healthcare - *Tim Phillips, PT, DPT*

Psychology/Counseling - Knowing When to Refer and Concurrent Treatment - *Grant M. Heller, PhD*

Understanding the Role of Pain Science in Manual Therapy - *Leonard Van Gelder, DPT, ATC, TPS, CSMT, CSCS*

Building up the Painful Patient - *Michelle Morrow, DPT, OCS*

Breathing and Pain - *Lucas Briggs, DPT, CSCS, Astym Cert.*

PRESIDENT'S MESSAGE

Michael Shoemaker, PT, DPT, PhD



Michael Shoemaker,
PT, DPT, PhD

Relentless pursuit of excellence.

It is what our patients expect of us. It is what our patients have a right to expect of us. It is what you expect of the health care providers who care for your loved ones. It is a core value of our profession.

Although there is a lot of buzz about professional development requirements (PDR) for physical

therapists and physical therapist assistants in Michigan, it is mostly in regard to the process and mechanics of ensuring compliance with the requirements. I have yet to meet a physical therapist or physical therapist assistant who does not think that requiring professional development for re-licensure is a bad idea. In fact, it is our collective spirit of continuous improvement that led us to self-initiate this requirement. That's right. We asked for this requirement, which speaks to our integrity as professionals.

The physical therapy PDR, along with the physical therapist assistant licensure, was signed into law as part of Public Act 55 of 2009 which charged the Michigan Board of Physical Therapy (aka 'the Board') to develop the PDR system that is finally implemented 10 years later. This effort was led by Board Member Dr. Elizabeth Mostrom, an internationally recognized expert on the development of physical therapist expertise, and David Perry, then Board Chair (and former APTA Treasurer). Of note, Dr. Mostrom was inducted as a Fellow of the American Physical Therapy Association in 2017. We were indeed in good hands! The PDR system that evolved is one that recognizes the numerous ways in which an individual develops as a professional beyond completing continuing education courses. This issue of *Shorelines* illustrates some of the 19 ways that you can meet your PDRs for re-licensure.

As you reflect upon your current practice and make decisions about your plans for professional development, there are many different ways to prioritize your development needs: expanding into new areas of practice, developing a deeper level of expertise with a specialty population, improving efficiency and outcomes for high-volume conditions, recurrent training for high-risk practice settings/populations, a desire to serve as a clinical instructor or MPTA leader, teaching, or dissemination of research. Or, maybe your development plan was the result a recent error, near-miss, or less-than-desired outcome. Whatever the basis for the design

of your professional development plan, approach it with the same passion, energy, and commitment to improved patient care that you had as a student or new graduate.

Hopefully you do not view professional development as 'just another administrative hurdle'. Though documenting and accounting for your PDR activities can seem like a non-value-added activity the truth remains that professional development is central to your practice, your professional trajectory, and to the evolution of our profession. For those already engaged in an ambitious professional development regimen, the PDR system could simply be viewed as 'paperwork'. However, accounting for your activities might surprise you with how many ways you are already participating in professional development through your committee roles at work, article review, volunteering, guest speaking or presenting at conference. Or maybe the need to account for your activities makes you think just a bit more deliberately about what you want to accomplish and how you will get there.

For those not already engaged in professional development, fulfilling the requirements could be done mindlessly without any change in the quality of your practice. However, I encourage you to take some time to reflect on your practice and select activities based on that reflection. Let PDRs reinvigorate you as a professional and better equip you to serve your patients or organization.

If you are a MPTA member, it is my hope that you have found considerable value in your membership and the ways in which MPTA has helped with this PDR transition:

- Providing member-only access to detailed information that explains the PDR process and answers to your PDR questions
- Increasing the number of PDRs that can be earned at the MPTA Fall and Spring Conferences as well as at District meetings and events
- Developing a robust PDR approval process for single courses and for education providers who wish to provide multiple courses per year
- Offering discounted rates for attending MPTA-sponsored courses
- Providing free access to CEU Locker which allows you to record and track your PDRs in an organized manner according to the different PDR options
- Providing an opportunity to volunteer in various capacities within the Association for which you can earn PDRs

If you are not yet a member, we encourage you to become a member. Ensuring that you comply with all requirements for re-licensure is just too important. **Let MPTA help!**

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LEGISLATIVE DIRECTORS REPORT

Jena Colon, PT, DPT, MBA



Jena Colon, PT, DPT, MBA

Jena Colon, PT, DPT, MBA is the newly elected Legislative Director for the MPTA. Dr. Colon served for 3 years as the Federal Affairs Liaison for the Oncology Section of the APTA which identified multiple legislative issues facing the physical therapy profession and the value of advocating for our patients and the unique services provided through physical

therapy. She will leverage this knowledge and experience as she engages in legislative issues in her new role, committed to strategic “promotion of the field of physical therapy and the good of our patients”.

The MPTA is moving forward with legislative priorities into the 2018 Michigan legislative session.

• **Senate Bill 582** proposes adding physical therapists to the list of individuals authorized to approve disability parking placards. The Senate passed SB582 in December 2017 – The bill passed out of the House Committee on Transportation and Infrastructure in early February and should be considered soon thereafter by the full House.

• **House Bill 544** proposes adding Physical Therapists and Physical Therapist Assistants as mandatory reporters of suspected child abuse or child neglect. The bill was introduced by Rep. Jeff Yaroch (33rd District) and has been referred to the Committee on Families, Children, and Seniors. This is a MPTA legislative priority. We are confident the bill will pass out of committee and onto the full House in the near future.

• **Watch List:** proposed legislation for both the physician and nursing interstate licensure compacts. We anticipate adoption will provide a platform to include Michigan in the Physical Therapist Interstate Licensure Compact.

MPTA Advocacy Day has been scheduled for April 11, 2018 in Lansing. Mark your calendars and prepare to attend this important event.

The strength of our voice as a profession and as an association is directly related to member (and all licensee) participation in calling, writing or participating in legislative events that advocate for our practice and our patients. Thank you to those who volunteer their time and efforts to further promote the field of physical therapy by attending legislative functions and contacting legislators for hot button issues. I look forward to seeing you all at Advocacy Day!

PROFESSIONAL DEVELOPMENT

Holly Lookabaugh-Deur, PT, DSc
Director of Professional Development



Holly Lookabaugh-Deur,
PT, DSc

I am so excited about everything happening in the professional development and education areas of the MPTA! The new education committee has one mission in mind - to meet all of your Professional Development Requirement (PDR) needs and interests without leaving Michigan. The MPTA's professional development group is actively engaged in the following priorities:

1. Enhanced and coordinated district education -

District education engages regional and national experts to provide affordable education with an opportunity to network with Michigan colleagues. We are committed to post ALL district plans to improve access for all members. Stay tuned for more info at mpta.com.

2. MPTA Speaker Bureau - Are you looking for ways to share your expertise and experience? MPTA districts are seeking prospective speakers across the state for varying lengths and intensity of educational experiences. Contact your District Chairs from the website (mpta.com) to participate.

3. FREE webinar for members on required re-licensure topics such as **"Identification of Human Trafficking Victims"** which is available NOW at mpta.com. More webinars are in development.

4. Survey of ALL PT's and PTA's in Michigan about YOUR educational needs and wants. We need your help to guide our intensive education planning efforts. Please complete the survey by March 30th at <https://www.surveymonkey.com/r/MPTAProfDev>

1. I am a:

- Physical Therapist; MPTA member
- Physical Therapist Assistant; MPTA member
- Physical Therapist; Non-MPTA member
- Physical Therapist Assistant; Non-MPTA member

Other (describe)

5. Open Door Communication - We are here to listen and invite all comments. Email mpta@mpta.com



PT/PTA Speaker Bureau

- 2. PDRs for MPTA volunteers
- 3. PT/PTA member and non-member Professional Development survey link



PT/PTA SPEAKER BUREAU

Are you willing to share your experience, expertise, specialty education or research? Whether you are a seasoned speaker or would like to start, we want to hear from you. Please email Holly Lookabaugh-Deur at hollyld@generationcare.org for more information.



VOLUNTEERING WITH MPTA

Looking for low-cost ways to earn PDR's? Category 15 identifies a maximum of 12 PDR's can be earned while volunteering for a PT-related committee, task force or board. Earn 4 PDRs per year through participation in MPTA committees such as education, legislative, membership, SIG, and more! We'll find a position that matches your interests and passion. Submit your application through the MPTA website volunteer portal or by contacting the MPTA office at mpta@mpta.com today!

CONTINUING EDUCATION: VALUE AND VOLUME MATTER

Alan Fredendall, PT, DPT, Assistant Shorelines Editor

What makes a great continuing education course?

As we begin our first year with professional development requirements (PDRs) in the state of Michigan, some of you may be scoping out continuing education courses for the first time. When looking for courses to satisfy PDR requirements, the quantity of courses available for PTs and PTAs can seem overwhelming at first. The choices are almost endless. Use these three tips when looking for continuing education courses to fulfill your PDR requirements:

1. A continuing education course should help fill a skill gap in your current practice. The course should be immediately applicable to a patient population that you serve, or intend to serve, yet you perceive yourself struggling to achieve good outcomes. In self-reflection of practice ask yourself “what subgroup of my patients do I have the most difficulty with?”

2. The course may add an additional revenue stream to your current practice. For example, you may want to expand your practice to perform bike fitting to fill a niche or serve your local bike clubs. Consider taking a certification course to learn how to adjust road and mountain bikes to reduce pain while increasing performance with patients. Other courses may offer you the ability to learn how to use motion capture and gait analysis software to help runners with pain or performance. These additional services can usually be offered either as cash pay by a patient/client or billed to insurance in some cases.

3. Select an MPTA-approved course provider. This ensures that the course will count for credit towards re-licensure should you be audited and makes linking the course to your CEU locker a breeze. MPTA-approved providers are given a CEU Locker number when a course is approved which they provide to students that finish the course. Entering this number into your personal CEU Locker will link the approved course details to your submission.

Remember that **only 12 PDRs** can be earned for online continuing education courses within your 24-month renewal cycle. In addition, remember that **20 PDRs maximum** can be applied from continuing education towards the 24 PDR requirement.

What makes a great continuing education provider application?

Within the CEU Locker, MPTA-approved continuing education (CE) providers have access to a special portal where they submit their course details for CEU approval. This is a unique service among states that approve CEUs. Many states are still using paper forms, some still by regular mail, which can take weeks or months for a response regarding approval. MPTA offers a clear advantage to CE providers who are able to electronically submit for course approval using the CEU Locker portal, usually receiving an answer within days. This feature helps ensure CE providers bring their content to Michigan to save PTs/PTAs time and money with travel.


PAYMENT COMMITTEE UPDATE

Janis Kemper, PT, MPTA Director of Reimbursement



The MPTA Payment Committee has continued to work with BCBSM to improve the process for working with eViCore and their new product, corePath, which launched with Medicare Plus Blue on January 1st, 2018. CorePath will be used with Blue Care Network beginning in April of 2018 and the Blue Cross

commercial PPO plan beginning in July of 2018. We are continuing to push for the elimination of the unit restriction through corePath, and are encouraging corePath to look more at outcomes through evidence based data.

MPTA is conducting a provider survey regarding the corePath program. We encourage providers to complete this survey at www.surveymonkey.com/r/corePath2018. Data will be analyzed and used to provide feedback to BCBSM about the continued issues associated with corePath. The data will also be used with other stakeholders and collaborators as we seek to develop new strategies to address the eViCore problem. Members can visit the MPTA website <http://mpta.com>  updates on efforts and strategies.

BCBSM has update their policy to allow a nurse practitioner to sign a prescription for physical therapy. MPTA first addressed this with BCBSM in March 2017. We are pleased that BCBSM has finally issued this change in its provider manual.

The Payment Committee is exploring the possibility of having a paid Payment Representative position in the MPTA. The position would extend MPTA’s ability to closely follow and address the varied and numerous physical therapy payment issues that occur across third party payers. We are gathering information about job descriptions and will look to

MPT POLITICAL ACTION COMMITTEE UPDATE

Kathleen Walworth, PT, DPT - MPT-PAC Chair

The MPT-PAC educates legislators regarding the value, scope and impact of the services physical therapy professionals provide to our communities. By supporting the MPT-PAC you will ensure that the voice of our profession is heard at the State level. Contributions can be made online at mptpac.org or through the MPTA website (mpta.com).

Thank you to everyone that contributed in smaller amounts in 2017! We appreciate your support and encourage all members to contribute to MPT-PAC in 2018 to “move

physical therapy forward for our profession and our patients.” Anyone can contribute to the PAC including members, nonmembers and people outside the physical therapy profession. US Citizenship is required.

We are pleased to announce that the MPTA Student Relations Committee (SRC) is planning our first fundraiser of 2018 with a reprisal of their “pub crawl” on March 23rd immediately following Student Conclave. Last year’s event was extremely well attended and ended up being the largest student-led PAC fundraiser in history. We are grateful to the entire SRC leadership for organizing this event.

The MPT-PAC would like to thank and recognize our 2017 Club Level (\$100+) Contributors:

Lake Superior Club (\$500+)

Janet Downey
Jake Jakubiak Kovacek
Holly Lookabaugh-Deur
Sue Tally

Lake Michigan Club (\$250-\$499)

Lindsey Armstrong
Lacey Kreft
Pete Loubert
Ed Mathis
Craig Miller
Katherine Palazzolo
David Perry
Emily Wilson

Lake Huron Club (\$100-\$249)

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Gayle Wallace
Kathleen Walworth
Melanie Wells
Cameron William
Chris Wilson
Tim Zipple



Edward Mathis & Emily Wilson
MPTA Social Media Team

MPTA has been ramping up its efforts to keep members informed on chapter news while spotlighting cool things that members are doing in and outside of the clinic.

Follow the MPTA on Facebook by liking “Michigan Physical Therapy Association”, “MPTA Eastern District”, “MPTA Western District”, “MPTA Northern District”, “MPTA Upper Peninsula District”, and “MPTA Student Relations Committee”.

On Twitter, follow [@MiPhysTherAssoc](https://twitter.com/MiPhysTherAssoc) and make sure to retweet!

Patient Testimonials Needed

The Social Media Team is working to improve awareness of consumer advocacy efforts for Physical Therapy in Michigan. We are looking for patient stories or physical therapy benefit coverage examples to share on all of our platforms. Contact Emily Wilson emily@newseasonspt.com if you have a powerful patient story that could potentially make an impact through print, radio, or video. Emily will coordinate communication about how to share your patient’s experiences.

MEMBERSHIP MATTERS!

Meri Goehring, PT, PhD, Membership Chair



Meri Goehring, PT, PhD

At the most recent MPTA board meeting, we discussed why membership and involvement is important. While we realize that cost is a primary reason why many Michigan PT's and PTA's haven't joined, we believe the professional value and associated member benefits exceed the expense and provide a great return on investment.

Advocacy: APTA and MPTA provide year-round lobbying on Capitol Hill, state practice and payment advocacy.

Clinical Education: APTA residency and fellowship programs and specialist certifications.

Conferences: Save up to 40% on APTA's 3 signature conferences: CSM, NEXT, and National Student Conclave (NSC). Career Starter Dues program includes NEXT for free in the first year after graduation and discounts for MPTA conferences.

CEU Courses: Save 40% on hundreds of APTA Learning Center courses and dozens are free to members.

Clinical Specialist Certification: Save 45% on combined application and exam fees for ABPTS board certification in any of 9 clinical specialty areas.

Clinical Practice: APTA clinical practice guidelines for evidence-based testing and treatment.

Public Awareness: APTA consumer information website visited by millions of Americans annually; Choose PT campaign, paid advertising, media placements, and public service announcements.

Find a PT: Database accessed by consumers and other health care providers to find you and your unique skillset.

Career Development and Networking: Sstate and national activities to strengthen skills, expand professional networks and find job opportunities.

Job Listings: Regular email alerts from APTA's Red Hot Jobs career center.

PTA Pathways: PTAs improve their knowledge and skills in any of 7 content areas through the Advanced Proficiency Pathways program.

Evidence-based practice tools: Guide to PT Practice 3.0, Physical Therapy Journal, PTNow's database of clinical summaries, tests and measures, clinical practice guidelines, and systematic reviews, ArticleSearch and point-of-care resources via the Rehabilitation Reference Center.

News and Information: PT in Motion magazine, early-career Perspectives Magazine, weekly email digest, 4 weekly Friday Focus electronic newsletters of your choice, regular news e-blast for members about Michigan issues and events. Access PTeam to receive federal legislative alerts about issues of concern to the physical therapy profession and patients. Student members receive a monthly email digest of articles from the student-focused Pulse blog.

Payment resources: Expert analyses of changing payment legislation and regulations with guidance on processing claims successfully, payment expertise through 'Insider Intel' phone-in series, payment reform community and more. Medicare physician fee schedule and multiple procedure payment reduction calculators. Receive 15% off the Cypner ICD Logic clinical documentation tool that quickly helps you determine ICD-10 codes.

Discounts and value programs: Discount programs including ABPTS exams, car rental discounts, credit card and checking programs, continuing professional development, hotels, group insurance programs, office and school supplies.

The majority of APTA national, section, and chapter dues are tax deductible as an ordinary and necessary business expense. Join or Renew Today! You won't want to miss any of these member benefits. Your membership directly supports the profession and your practice in so many ways. Stay inspired, stay motivated and be a member.

MPTA MEMBERSHIP SUPPORTS SURVIVORS OF ABUSE THROUGH PT DAY OF SERVICE

Crystal Gluch, PT, Student Engagement Liaison



During Fall Conference, the MPTA community came together with a generous donation to support survivors of human slavery, sexual assault and domestic violence within Saginaw County. This a real problem across our country and our local

communities are not an exception. Conference participants raised over \$350 and filled 25 boxes with commonly used items to support Underground Railroad, Inc. which provides an average of 14,000 “safe bed nights” for thousands of individuals each year. The items and funds help sustain their mission to keep victims safe and empower them to regain their independence.



This service activity was inspired by the annual Global PT Day of Service (PTDOS). PTDOS is a global initiative to unite the physical therapy profession in bettering our communities with over 4,000 participants across 55 countries in 2017. Our project helps motivate others to participate in service throughout the year. **As you are thinking about how you personally can give back to your own community remember that one hour of volunteer work "related to PT" equals 1 PDR.** Underground Railroad, Inc. thanked us for opening our hearts (and wallets) and ensured us that we have made a difference. Let’s continue to extend beyond our patients and maximize our reach. [#TransformSociety](#)

PTA CAUCUS REPRESENTATIVE UPDATE

Gayle Wallace, PTA



Gayle Wallace, PTA

Since our annual meeting last June, members of the PTA Caucus have been working steadily to move our goals forward in the spirit of collaboration across the Association, with an eye on opportunities where PTAs are invited to join important discussions.

APTA’s Educational Leadership Partnership (ELP) was assembled in 2017 to create a shared vision for PT clinical education and includes representatives from The American Council of Academic Physical Therapy (ACAPT), APTA, and the Education Section of APTA.

Using our Strategic Plan as our guide in 2018, the work of the Caucus will continue to focus on engaging and empowering our Reps to be strong leaders, working alongside APTA to continue PTA member growth, and demonstrating the value of the PT/PTA team in practice. PTA Full Vote at the component level has passed in 37 states and 9 sections, with 2 additional states pending. PTA Caucus Delegates have launched discussions on how to celebrate the 50th anniversary of the PTA in 2019, and work groups of five PTAC Reps were created to determine the feasibility of creating a Chief-Elect position within the Caucus to help with transitioning a new Chief and maintaining momentum. The Chief Delegate Transition Work Group will present its first update during the PTA Town Hall at CSM 2018 in New Orleans.

DISTRICT NEWS



EASTERN DISTRICT

Jennifer Blackwood, PT, PhD
District Chair

The MPTA Eastern District has been busy planning great activities and working with other districts to coordinate professional development offerings in 2018. Here's a look ahead:

- Free course (MPTA members) meeting 1 hour 'Pain' and 1 hour 'Human Trafficking' education requirements – 2nd half 2018
- PT Month educational event in October 2018
- Educational courses on topics which may include pediatrics, orthotics, and/or cardiopulmonary physical therapy examination and treatment

Registration information and links will be available through MPTA.com. If you can't wait to learn, get the maximum value out of your APTA membership by taking one of the over 50 FREE courses available through the APTA learning center.

Join us at the MPTA Student Conclave and Spring Conference in East Lansing in March and at Legislative Activity Day on April 11th in Lansing. The voice of the Eastern District is important in all legislative issues. Be sure to download the legislative advocacy app from APTA so that you can respond quickly when time relevant legislative items arise.

We welcome all of you to our future meetings and events. Further details will be announced through mpta.com, email, Facebook and Shorelines.



NORTHERN DISTRICT

Chris Hinze, PT, DPT
District Chair

The Professional Development Requirements (PDRs) for re-licensure in Michigan identify multiple avenues to advance knowledge and participate in opportunities that have a transformative impact in their profession, organization and communities.

The Northern District is committed to helping District members grow professionally and meet all PDRs for re-licensure. We will be offering a combo course to

meet the two mandatory education requirements titled "Identification of Human Trafficking Victims" (1 PDR) and "Introduction to Pain Science for the Physical Therapist and Physical Therapist Assistant" (1 PDR) on Saturday, April 14th, 2018 from 9:30 am to 12:00 pm in Bay City. Registration is required (mpta.com/events) and space is limited to the first 145 registrants.

"Like" the MPTA Northern District on Facebook and watch our page for updates on future professional development opportunities across the District.



UPPER PENINSULA DISTRICT

Caroline Gwaltney, PT, DPT

A huge thank you to Edward Mathis, PT, DPT for his many years of service to the UP District as District Chair. Ed will continue to be involved with the UP District but will focus on his role as the Vice President of the MPTA. Your UP District leaders are excited to work with you as we Move Forward™ into 2018.

Planning is underway for the 2018 UP Summer Summit tentatively scheduled for August 10-11. This event was quite successful last year and is an excellent opportunity for Upper Peninsula PT/PTAs to network while earning PDR credits. We are looking for local therapists who have expertise in a variety of topics to present during the Summit. Presenting at conference is one of the varied professional activities that accumulate PDR credits required for re-licensure. Please consider sharing your knowledge, skills and passion with your colleagues! Those interested in presenting can contact Caroline Gwaltney at gwalt1c@cmich.edu to coordinate ideas.

The UP District sponsored the MPTA Human Trafficking webinar, presented by Holly Lookabaugh-Deur, PT, DSc, as a district-wide "event". District PT/PTAs completed this one-time mandatory education requirement through synchronous on-line viewing in February without having to brave wintery roads. For those that missed it, more information is available at mpta.com.

We are interested in hosting social gatherings throughout the UP to support more networking among our talented Physical Therapy professionals. Watch your email for invitations. Let me know if you are interested in organizing an event for local PTs or simply want to get involved. We welcome your ideas!

MPTA INSTITUTE FOR EDUCATION & RESEARCH

Laura Kordick, PT, DPT



Do you need funding for research?

Do you want to recognize someone for significant contributions in the area of research or achievement in scholarly publication? The MPTA Institute for Education and Research has the following Funding opportunities:

- Small Grants – \$100-\$250 - awarded in the Fall
- Large Grant – \$500 - awarded in the Fall
- Richard E. Darnell Research Award
- Mabel E Holton Award

All applications for grants, scholarships and award nominations are due **August 1, 2018**

For additional information and application forms go to <https://mpta.com/awards> and <https://mpta.com/institute-education-research>

GRAND VALLEY STATE UNIVERSITY

Bonni Kinne, PT, DHS

We congratulate the Class of 2017 on their graduation over the summer of 2017. Three members of that class are now participating in residencies at Mary Free Bed Rehabilitation Hospital (MFBRH): Tonya Calkins (pediatric), Amanda Kelch (neurologic), and Erin Spruit (orthopedic). The MFBRH and GVSU Residency in Neurologic Physical Therapy was recently awarded candidacy status from the American Board of Physical Therapy Residency and Fellowship Education. In another recent collaborative effort, MFBRH and GVSU reached an agreement that will enable MFBRH to conduct gait studies using the motion capture system in the GVSU Biomechanics and Motor Performance Laboratory.

In August, 11 members of the Class of 2018 (Alexandra Arnold, Michele Avery, Austin Cammire, James Clark, Amanda Gutowski, Caty Hoffman, Addie Ingles, Dustin Karlik, Megan Mallgren, Mickey Sanders, and Lindsey Timmer) traveled to Guatemala to participate in a service learning trip. They were accompanied by Kelly Johnson (Class of 2014).

During the fall semester first-year and second-year students organized two special events: PT Day of Service activities held on September 29th and October 10th and the Marquette Challenge Pie-The-Professors night held on October 26th.



Editor's note: This article was in advertently not included the 2017 Winter Shorelines School News.

During the October MPTA Fall Conference, Professor Barbara Hoogenboom presented an educational session entitled "The Movement System: Where Are We Headed As A Profession?" In addition, Kaellee Brockway (Class of 2013) received the APTA Emerging Leader Award from the Michigan Chapter. Two students from the Class of 2018 were recognized at the Awards Dinner: Jenae Brown (Team Rehabilitation Scholarship) and Rebecca West (Outstanding Student). Third-year students Austin Cammire and Kelly Rohde were awarded the David Daniels Scholarship.

Faculty members who were recently published in peer-reviewed journals include: Lisa Kenyon and Barbara Baker (with recent graduates Ashley Hefferan, Peter McCrary, and Marci Westman) in *Physiotherapy Theory and Practice*, Michael Shoemaker (with recent graduates Travis Bowen, Kelly Cartwright, Kim Hanson, Lance Jongekrijg, Nicole Oberholtzer, and Deb Serba) in *Home Health Care Management and Practice*, and Laurie Stickler (with recent graduates Trisha Armstrong, Alyssa Polso, and Melissa Smith) in the *Women in Sport and Physical Activity Journal*.





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