Michigan Leads the Way in Oncology Residency and Clinical Specialization

Chris Wilson PT, DPT, DScPT | Vice-President, Academy of Oncologic Physical Therapy

The MPTA and the MPTA Oncology Special Interest Group (SIG) is proud to welcome the first group of board-certified specialists in oncology physical therapy. In 2016, the APTA House of Delegates approved board-certification in oncologic physical therapy. The first group of candidates sat for the board exam in March of 2019 with 68 PTs achieving this credential nationwide. Among those that earned certification are MPTA members Kari Anne Busch, PT, DPT, Mary Alice Hewelt PT, MPT, Cindy Marie Marsili, PT, Mykola Matsyuk, PT, DPT, MD, and Cynthia Tan PT.

Three of the Michigan board-certified specialists in oncologic physical therapy – Hewelt, Marsili and Tan - completed the inaugural oncology residency for PTs in the United States. The Beaumont Health Oncology Residency (BHOR) was founded by Chris Wilson PT, DPT, DScPT, and Reyna Colombo PT, MA from Beaumont Hospital-Troy. This year-long residency provides a rigorous didactic learning component and focused clinical experiences in acute illness in cancer, breast cancer, pelvic cancers, and psychosocial issues in cancer care. Each resident completes a capstone project of scholarly work such as a research project or quality case report. Capstone project titles included:

- Rehabilitation Decision-making for Lower Extremity Sarcoma with Undiagnosed Metastases (M.A. Hewelt)
- Clinical Outcomes After Physical Therapy Treatment for Secondary Lymphedema After Breast Cancer (C. Tan)
- Prospective Surveillance Screenings to Identify Physical Therapy Needs During Breast Cancer Diagnosis and Survivorship (C. Marsili)

Continued on pg 2
**President’s Message**

Michael Shoemaker, PT, DPT, PhD  
Board-Certified Clinical Specialist in Geriatric Physical Therapy

To specialize or not to specialize? That is a question. Much like for William Shakespeare’s character Hamlet, this question does not have a single, correct answer. The APTA’s position is that clinical specialization is a voluntary process that is “one mechanism of professional development that contributes to the advancement of the knowledge base and clinical skills ...by which a physical therapist builds on a broad base of professional education and practice to develop greater depth of knowledge and skills related to a particular area of practice” (HOD P06-16-10-11). [apta.org/uploadedFiles/APTAorg/About_Us/Policies/Specialization/ClinicalSpecialization.pdf](https://apta.org/uploadedFiles/APTAorg/About_Us/Policies/Specialization/ClinicalSpecialization.pdf)

This APTA position makes clear that clinical specialization is simply one option, among many, for post-professional development, which has important policy implications. First, it reinforces that entry-level DPT degree programs adequately prepare graduates for clinical practice without the need for residency training and/or specialist certification. Second, it compels payers to recognize and pay for services provided by a clinician without specialist certification. However, the APTA position also makes clear the importance of clinical specialization for the promotion of the “highest possible [physical therapy] care” and the identification of clinical expertise by consumers.

Reasons for obtaining clinical specialist certification from the American Board of Physical Therapy Specialties (ABPTS) are numerous, but there are some common benefits:

- the process of preparing for the specialty board examination is, in and of itself, instrumental in the refinement of one’s clinical expertise
- enhanced recognition of expertise by peers, patients and referral sources
- expanded opportunities available to clinical specialists including teaching opportunities and unique roles within one’s healthcare organization.

The results of a recent survey of employers’ views about specialist certification are available at [abpts.org/ForSpecialists/Marketing/EmployersView/](https://abpts.org/ForSpecialists/Marketing/EmployersView/)

For those that have obtained a specialty certification, please adhere to the recently revised APTA position on the appropriate listing of one’s credentials. This revision originated out of concern for consumer confusion related to our alphabet soup of credentials. The position (HOD P06-14-08-18) states that credentials should be listed as follows:

**FIRST** designation: Regulatory Designation (e.g., PT or PTA)

**SECOND** designation: Highest earned PT-related degree (e.g., DPT, MPT, MSPT, BSPT)

**THIRD** designation: Other regulatory designation(s) for those with other health profession licenses

**FOURTH** designation: Other earned academic degree(s) (e.g. DSc, DScPT, PhD)

**FIFTH** designation (Optional): APTA Fellowship status (e.g. FAPTA)

Clinical specializations should be spelled-out and should not use an abbreviation (e.g. “Board-Certified Clinical Specialist in Geriatric Physical Therapy” rather than “GCS”). For full details visit [apta.org/Designations/](https://apta.org/Designations/)

Whether you are a board-certified clinical specialist or have developed expertise in a particular area of practice, please register and update your information for the Find a PT function on the moveforwardpt.com webpage or through your member profile on apta.org. **Put your membership dues to work for you promoting your unique brand of knowledge, skills, and abilities to patients and referral sources.**  

#ChoosePT  
#lifelonglearning
Payment Committee Update

By: Janis Kemper, PT, MPTA Director of Reimbursement

The MPTA has hired Barbara Herzog, PT to fulfill the new part-time role as a Payment Specialist. Barb has spent many years on the MPTA Payment and Policy Committee and looks forward to expanding her expertise to work with the ongoing issues of our profession related to the insurance reimbursement. This position works directly with the MPTA Payment Director and has the resources to collaborate with multiple states Payment Specialists to review common payment issues. Additional information will be forthcoming as this position evolves.

One of Barb’s first initiatives is to form a sub-committee comprised of physical therapists experienced and knowledgeable in the specific payment issues affecting various PT practice settings including Home Health Care, Worker’s Comp, Auto, Private Practice, Skilled Nursing Facilities, and Hospitals. Please contact Barb at MPTAPaymentSpecialist@mpta.com if you are interested in this opportunity to serve.

The MPTA Payment Committee continually meets with health care professionals and various insurance companies throughout the state of Michigan to advocate for payment for physical therapy services. We continue to work with Blue Cross Blue Shield of MI related to the administrative burden, oversight and practice disruption, additional cost, and payment concerns associated with eviCore healthcare management. Updates of all Payment Committee activities are posted regularly to the website at mpta.com/payment.

The MPTA Payment Committee met with Blue Cross Blue Shield of Michigan (BCBSM) on July 30, 2019. We discussed key issues in regards to eviCore prior authorization relating to criteria for neurological conditions, orthopedic conditions, and complex cases. The eviCore neurological pathway was implemented on June 1, 2019, with few errors according to eviCore representatives. We welcome your input as to any difficulties you have had with prior authorization for neurologic conditions. MPTA continues to pursue alternatives to the current Utilization Management (UM) program by advocating for value-based payment structures and/or a change from prior authorization to outlier management models.

Payment for services under Direct Access is discussed at each meeting with BCBSM. We were asked to clarify the parameters of our state practice act and law, national trends, where Federal law has an impact, and CMS recognition of Direct Access. MPTA will be providing BCBSM with available data.

BCBSM confirmed they are moving to a single tier categorization model based on the percentage of peer mean utilization adjusted for age, gender, and diagnosis. Although MPTA remains concerned about categorization based primarily on utilization with minimal risk adjustment, the MPTA believes this change is beneficial as it streamlines categorization into a single process across all BCBSM/BCN products. This will be effective 01/01/2020 for PPO, MA/PPO and BCN/BCNA. Category notification is delayed until new tiering is implemented, which will then be issued bi-annually in January and July. Updates are available on WebDenis. Letters to providers will be mailed in February 2020. Expect to remain in your current categorization until January.

Please see the MPTA Payment webpage to see MPTA’s communication to BCBSM.

Looking ahead, each of the clinical specialists is pursuing publication for the capstone projects. Additionally, they have been appointed as faculty members in the BHOR. Mary Alice is currently serving as Secretary for the MPTA Oncology SIG and on a task force to establish a Residency SIG for the APTAs Oncology Academy. Cynthia Tan and Cindy Marsili are also serving in roles on the MPTA Oncology SIG and have been invited to speak at Central Michigan University on Oncology Rehab. They are active participants on a number of cancer committees, tumor boards, and at multidisciplinary clinics within Beaumont Health.

The BHOR is open to Michigan-licensed physical therapists who meet entrance criteria. To learn more about clinical residencies, visit abptrfe.org. The BHOR will be accepting applications for a year-long, full time residency from March to June of 2020. More information is available at beaumont.edu/other-education/oncology-residency. There is a growing oncology residency special interest group, through the Academy of Oncologic Physical Therapy, to help other organizations who are trying to develop residency programs. For more information, contact Chris Wilson at cwilsondpt@gmail.com.

Congratulations to all of the MPTA members who achieved board certification in oncology!
MPTA is continuing to move forward with the legislative priorities for the upcoming 2019-2020 Michigan legislative session.

- **House Bill 4108**, adding PT/PTAs as mandatory reports of child abuse and neglect, passed through the House with a vote on the floor of 107-2. We couldn't have asked for a better outcome than that! A Senate bill will likely be introduced this fall.

- **Senate Bill 22**, adding Michigan to the Physical Therapy Interstate Licensure Compact (PTLC), would increase consumer access to physical therapy services by reducing regulatory barriers to interstate mobility and cross-state practice. The MPTA is continuing to work closely with LARA and the Compact administrators to identify how this legislation would function in the state of Michigan. To date, nine states have enacted this legislation, and it has been introduced in 8 other states. PTLC language can be found at FSBPT.org (search Licensure Compact Language for more information). We will continue to keep you updated on the progress of this initiative in Michigan.

- The MPTA has proudly joined the **Health Can't Wait coalition**, a growing and exciting partnership of patients, health care providers, healthcare associations, and patient advocacy associations dedicated to putting Michigan patients first and ending delays in patients’ access to health care. Health Can’t Wait was created to defend patients against these costly, onerous, and dangerous payer practices. Legislation surrounding this initiative will likely be introduced this fall.
  
  - Your patient experiences matter most, and their testimonies will make all the difference in the fight for reform. Visit healthcantwait.org to learn more or post a story of how your patient experienced health care delays or denials because of the reckless use of prior authorization or step therapy.

Please email us at mpta@mpta.com if you have any questions or are interested in participating in advocacy. #Everyvoicecounts #Yourvoicematters

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**MPTA Members Enjoy ‘PT in the Park’**

The membership committee hosted ‘PT in the Park’ on Saturday, July 13th open to PTs, PTAs, students, friends, members and non-members. Participants enjoyed the casual networking and camaraderie of the potluck picnic at Parker Mills County Park in Ann Arbor.

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**Membership Matters in Clinical Specialization**

**Jorgeann Koenig, DPT | Membership Committee Chair**

The MPTA is continuously working to ensure that our members have the resources available to advance their practice and to provide the best patient care possible. We have established liaisons for each of the APTA sections to assist members in obtaining specialist certification. Members pursuing clinical specialization are encouraged to:

- connect with MPTA section liaisons
- connect with MPTA mentors
- access other resources to support specialty certification

For more information about accessing your membership services to support clinical specialization, email mpta@mpta.com and ask to be connected with the membership committee.

The MPTA Membership Committee is continuously working to identify volunteer activities that will fulfill PDR requirements. If you know of any volunteer activities that would benefit from member participation, please email information to mpta@mpta.com For PDR credit, volunteer activities should fall within the scope of PT practice, and the patient/client cannot be charged for services provided. Watch the MPTA website for frequent updates to the list of volunteer opportunities.

We appreciate your loyalty and membership to the Michigan Physical Therapy Association! Our membership continues to grow. Together, we can support the advancement of PT practice and clinical specialization in Michigan. #ChoosePT #membershipmatters
MPTA Communications Working for You

Crystal Gluch, PT, DPT | Director of Communications

Communication is the key to maximizing our reach as a profession and as individual clinicians. Can you name all the board certified clinical specializations for physical therapists? How about all the additional specialty practice areas in our profession? Clinical specialization addresses a variety of niche patient populations where we can significantly impact their quality of life. The difference we can make in these areas needs to be communicated!

How can we help the person who is missing work due to vertigo if they have no idea PT can help with that? Or the individual afraid to leave their home due to incontinence? Or a grandparent whose shortness of breath prevents them from playing with a grandchild? We begin with communication.

1. Increase visibility to the public
   MPTA Communications Committee has a strategic initiative to increase public awareness of physical therapy and its wide range of clinical specialization and treatment benefits across the entire life span. We have invested in consumer videos targeted to the public that highlight the impact physical therapy can have. We intend to reach those who do not know physical therapy and those who have given up because they feel like there is nothing else to try. At the end of each video, we direct the consumer to our members through an action statement: “Find a physical therapist near you at ChoosePT.com.” Keep your eyes open for these videos, share them on social media, and encourage family and friends to do the same. If you have not completed your “Find a PT Profile”, go to choosePT.com and create/update your profile.

2. Embrace and engage social media regularly
   Spend 10 seconds re-posting a quality piece on physical therapy you see on Twitter, Instagram, Facebook, YouTube, or LinkedIn. There is plenty of information on the internet generated by the APTA, MPTA, other state PT components and high-profile colleagues that could reach your followers (and their followers and so on) in nanoseconds. It's affordable, fast, and effective marketing that we can all participate in. #startamovement #socialmedia

3. Communicate with other health professionals specifically
   Connecting and collaborating with our fellow health professionals allows them to gain a deeper understanding of who we are as movement experts that aim to maximize quality of life at every stage of life. The MPTA Communications Committee recognizes the significant influence other health professionals can have in advocating for physical therapy and further broadening our reach. The Communications Committee is strategically planning to attend state conferences of other health professions to engage in conversation, educate to the breadth of specialization areas, and share the benefits of physical therapy across the lifespan.

4. Optimize your daily communication
   Talk with people and share the impact physical therapy can make across the lifespan and disease spectrum. Refer your family and friends to clinical specialists to address their aches, pains, and limitations. Refer them to ChoosePT.com if you don’t know a clinical specialist in your area to meet their needs. The people you talk with will talk to others, and you will create a ripple effect to reach those who need physical therapy. There will always be great value in communication at a personal level.

If you would like to volunteer with the Communications Committee or have a recommendation for a specific conference you would like us to attend, email us at mpta@mpta.com.

MPT Political Action Committee Update

Kathleen Walworth, PT, DPT | MPT-PAC Chair

The MPT-PAC will host a PT Pub Crawl at the MPTA Fall Conference in downtown Grand Rapids on Friday, November 1, 2019. The pub crawl is open to all conference attendees and area residents – you do not need to attend the conference to participate in this event. We’ll be going to MoJos, Founders, The BOB, and The Back 40. The group will leave from the Amway Grand at 8:00 pm. Cost to attend is $20 for professionals and $10 for students. Cost of drinks during the event is on your own. This donation to the MPT-PAC will help support our ongoing advocacy efforts. Donations can be made ahead of time at www.mptpac.org and should be marked as follows:

Donor Name: First Last - Pub Crawl (ie. Kathleen Walworth - Pub Crawl)

Wristbands can be picked up at the MPT-PAC table during conference OR in the lobby of the Amway Grand just before leaving at 8:00 pm. Participants can also register onsite at the conference or just before departure. Early registration is highly encouraged to avoid delays. You don't want to miss this fun night out!

Unable to make it to the Fall Conference? You can donate online through our secure portal at www.mptpac.org at any time! Your donations provide much-needed funding to support attendance at fundraisers in Lansing to educate our legislators on the value of physical therapy to the health and wellbeing of their constituents. Please consider a club level donation of at least $100 to support the essential legislative advocacy efforts required to move our profession forward in 2019.
CONGRATULATIONS
2019 Certified Specialists in Michigan

Cardiovascular and Pulmonary:
Evan Haezebrouck, PT*
Lisa K. Haggit, PT, DPT*
Jessica Ann Miller, PT, DPT*
Laura J. Pink, PT, DPT*

Geriatric:
Melissa Ann Catanach, PT, DPT*
Marichelle Ehred, PT, DPT*
Noha Y. Girgis, PT
Anitha Kadianganaripalli, PT
Kristin Elizabeth-Bloomquist Nelson, PT, DPT*
Stephen Rachel O’Brien, PT, DPT*
Kristen Palinski, PT*
Kevin M. Wonch, PT, DPT*

Neurologic:
Amy K. Doepker, PT, DPT
Melinda Joy Grimm, PT, DPT*
Emily Elizabeth Houser, PT, DPT*
Kristine Nicole Koch, PT, DPT*
Kara Ashley Morschies, PT, DPT*
Nicole Jean Olson, PT
Alyssa Portelli, PT, DPT*
Ann Retka, PT, DPT*
Leah Anne Rust, PT, DPT*
Megan Marie Rybar, PT*
Elizabeth Erin Sheahan, PT*
Ritesh Tripathi, PT, MPT*
Kimberly Nichole Wilkins, PT, DPT*
Christine Zimmermann, PT, DPT*

Oncology:
Kari Anne Busch, PT, DPT*
Mary Alice Hewelt, PT, MPT*
Cynthia Marie Marsili, PT*
Mykola Matsu, PT, DPT, MD*
Cynthia R. Tan, PT*

Orthopaedic:
Cory Randall Arnold, PT, DPT*
Leilani Bermeo, PT, DPT*
Michele Marie Bird, PT, DPT, MS*
Katharine Lee Blaha, PT, DPT*
Karen Jo Boden, PT*
Kerri D. Boeve, PT
Kristen Marie Brinker, PT, DPT*
Eric Scott Broadworth, PT*
John Calati, PT, DPT*
Candice Nicole Carbajal-Rowland, PT, DPT*
David Aaron Doublestein, PT*
Amy E. Dwelle, PT*
Tucker James Furbush, PT*
Thomas Gustafson, PT, DPT*
Kevin Michael Hecksel, PT, DPT*
Kristin Marie Heyrman, PT*
Kalaisenthil Kalaimani, PT, MPT*
Jared Richard Kinney, PT, DPT, ATC*
Sarah Knipper, PT, DPT*
James Duane Leland, PT, DPT*
Amber Lenhart, PT, DPT, ATC*
Christopher Matthew Lucido, PT*
Trevor Andrew Matelski, PT*
Brian Scott McEwan, PT*

Adam Joshua McIntyre, PT, DPT*
Derek Walter Migazzi, PT*
Chad David Neal, PT*
Jill Marie Norander, PT*
Dale O’Leary, PT, DPT*
Jeffrey Ott, PT*
Kevin Ruddy, PT*
Matthew Thomas Schmitz, PT, MSPT*
Prema Sethi, PT*
Jeremy Alan Sutor, PT, DPT*
Brian Douglas Vasicek, PT, MSPT*
Colleen Marie Vierz, PT*
Elizabeth Laura Watson, PT, DPT*
James Williams-Dore, PT, DPT*
Megan Marie Wolf, PT, DPT*
Stephanie Mundt, PT*

Sports:
Ajiesh Avirah, PT, DPT
Jenna Leeann Pack, PT*
Stephen Daniel Terry, PT, DPT*
Paul Michael Theuerkauf, PT, DPT*

Women’s Health:
Allegra Ann Adams, PT, DPT*
Anne Elisabeth Cooke, PT*
Kamini Komarraju, PT*
Michelle Lynn Pouliot, PT, DPT*
Jessica Lynn Wyen, PT, DPT*

Total = 79! 72 are members of MPTA/APTA
*Denotes Member

MPTA SOCIAL MEDIA
MPTA has been ramping up its efforts to keep members informed on chapter news while spotlighting cool things that members are doing in and outside of the clinic.

Follow the MPTA on Facebook by liking “Michigan Physical Therapy Association”, “MPTA Eastern District”, “MPTA Western District”, “MPTA Northern District”, “MPTA Upper Peninsula District”, and “MPTA Student Relations Committee”.

On Twitter, follow @MiPhysTherAssoc and make sure to retweet!
Becoming a Clinical Specialist

Cynthia R. Tan, PT, MPT
Certified Lymphedema Therapist/LANA
Board Certified in Oncology Rehabilitation

Years on Practice: 21

What inspired you to pursue clinical specialization in oncology:
I have been a lymphedema specialist since the beginning of my career and working with patients with a cancer diagnosis. I wanted to continue my education specializing in oncology rehabilitation. I was inspired by Chris Wilson and Reyna Colombo, who recognized that becoming board-certified in oncology rehabilitation would be an excellent way to improve physical therapists’ role as specialists in this field.

How long did the process of specialization take from conception to completion: About 18 months, including the Oncology Rehabilitation Residency program and self-study.

What are some insights from your preparation for the clinical specialty exam?
I did not realize how much I would enjoy the pelvic floor rotation. I learned a great deal from the pelvic floor specialists who allowed me to observe their treatment. Pelvic floor therapy was not something I initially thought I would be interested in, but it has now piqued my interest to the point that I would like to pursue another clinical specialty possibly.

What recommendations do you have for other physical therapists interested in clinical specialization?
I would recommend physical therapists go through a residency program that allows therapists an opportunity to collaborate with physicians, nurses, dieticians, SLPs, and OTs that are also working with patients with a cancer diagnosis. For oncology clinical specialization, read the Stubblefield Oncology Rehabilitation book.

How do you intend for your clinical specialization to change your career or practice?
My goal is to develop a physical therapy department within our radiation oncology department to assist patients in decreasing their fatigue and improving their overall quality of life. I want to get patients into physical therapy sooner to address pain, range of motion, strength, endurance, balance, and gait.

Emily E. Houser, PT, DPT
Acute Care Clinical Specialist: Pulmonary and Neurology

Years in Practice: 11 years at the University of Michigan Hospital.

What inspired you to pursue clinical specialization?
First and foremost, my inspiration is my beautiful sister who has a severe TBI from a car accident in 1985, leaving her ventilator-dependent and requiring total care. She has multisystem effects from her injury, and this drives me to be the best I can be not only for her but for my patients. I work in a hospital system that has many specialty areas, and I wanted to improve my knowledge to serve the complex patient populations best. I pursued and passed the CCS in 2012 and NCS in 2019. My particular passions are working with patients with cystic fibrosis, end-stage lung disease, and all neurological conditions. There is a considerable overlap of neurological and pulmonary issues, and I seek to provide a comprehensive treatment plan for these complex patients. Clinical specialization was a logical next step to bring my practice to the next level.

How long did the process of specialization take from conception to completion?
For my CCS, I had been practicing at UMHS for four years. For my NCS, I had been practicing at UMHS for nearly 11 years. I have had the unique opportunity to be practicing primarily in the pulmonary and neuro units at the hospital, providing training to colleagues for almost five years now.

What are some insights from your preparation for the clinical specialty exam?
It is much more fun to study and gain more clinical knowledge in the specialty areas when you can see how it positively impacts patient lives!

What recommendations do you have for other physical therapists interested in clinical specialization?
Go for it! Remember that improving your knowledge and clinical practice is a journey, and the exam is a stepping stone for this lifelong commitment to excellence. Your personal and professional growth will be apparent, and that is essential for success in today’s ever-changing medical field. You will learn a lot more than you ever could have imagined, and your patients will reap the rewards of your hard work.

How do you intend for your clinical specialization to change your career or practice?
More knowledge and expertise in my specialties will give my patients the best opportunity to reach their personal goals. As physical therapists, we have a multi-system approach to our practice, so why not advance and become experts in these areas to serve our patients better? It’s a wonderful journey, and the learning never stops!
Becoming a Clinical Specialist

Cindy Marsili, PT  
Board-Certified in Oncologic Physical Therapy  
Years in Practice: 29

What inspired you to pursue a clinical specialization in oncology?  
I wanted to develop a greater depth of knowledge and skills related to oncology to treat my patients more effectively.

How long did the process of specialization take from conception to completion?  
I was in the Oncology Residency program from Sept 2017 to Sept 2018, after which I seriously studied for the specialist exam.

What are some insights from your preparation for the clinical specialty exam?  
Cancer Rehab is so complicated. It is essential to know about the variety of cancer diagnoses, treatments, and side effects.

Mary Alice Hewelt, PT, MPT  
Board-Certified in Oncologic Physical Therapy  
Years in Practice: 21 years

What inspired you to pursue a clinical specialization in oncology?  
I was initially introduced to lymphedema management during a clinical rotation at Mary Free Bed in Grand Rapids. I hired on at Beaumont in April of 2008 to establish a lymphedema treatment program and Oncology Rehab Services for Beaumont Grosse Pointe.

How long did the process of specialization take from conception to completion?  
I started with my lymphedema certification in 2000, expanding my knowledge with Klose Training (135 hrs) in 2012 and completing the Beaumont Oncology Residency 2017-18. I have been attending Tumor Boards (Breast, Genitourinary, Gastrointestinal and Pulmonary) since 2017 and participating in Oncology Rehab and Interdisciplinary Symposia, Palliative Care Conferences, Breast Reconstruction Innovations Conference, various oncology continuing education opportunities at Beaumont. I’ve added Medbridge oncology CEU’s in the last year. Meanwhile, I have been involved with Beaumont’s Cancer Survivorship committees establishing policies that execute the American Commission on Cancer Center of Excellence Guidelines.

What are some insights from your preparation for the clinical specialty exam?  
I was not too old to study an IMENSE amount of material and pass the biggest, most challenging exam of my life. We spend so many years with so much guidance preparing for our physical therapy board exam. I do not remember it being so climactic. This exam seemed like such a higher pinnacle. Now it feels like the best is yet to come. With an estimated 15.5 million CA survivors currently alive in the US and an anticipated 20 million CA survivors by the year 2026, so many people need help learning how to be the healthiest versions of themselves. We need more Oncology Rehab specialists to increase access for cancer survivors to have appropriate and safe rehab services that promote health and well-being to thrive post-diagnosis.
Michigan Physical Therapy Clinical Education Consortium

Karen Berg PT, DPT | Ashley VanDam PT, DPT Co-Presidents

Where does the desire to become a clinical specialist begin? At what point does a student start to solidify their area of passion? Often, the didactic curriculum creates the spark, but the time spent in the clinic is what fans the flame and brings clarity to the areas in which they would like to grow their expertise.

All clinical Instructors (CI’s) assist their students in the development of their professional identity. Many physical therapy students plan on pursuing specialization after graduation and are curious about the paths that clinicians take to become a board-certified clinical specialist. Learning from a CI that has achieved board certification encourages the student to understand the dedication, knowledge, and processes that a clinician undertakes to obtain specialization. The CI can mentor the student in framing their professional development goals realistically and assist them in developing a plan on how to achieve these goals.

The acculturation of the student into the environment created and shared by physical therapy board-certified specialists can positively influence the direction of their careers and strengthen the commitment to being a lifelong learner. We encourage board-certified clinical specialists to consider being a CI and thank those that already are.

Information the Clinical Education Consortium including CI Credentialing courses, CI resources, SIG-CE awards, and more, can be found at mpta.com under the Districts-SIGs tab. Karen Berg is a Board-Certified Orthopedic Clinical Specialist.

2019 Elections Preliminary Candidate Slate

2019 Elections – Leaders elected this fall will start their terms of office January 1, 2020:

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<th>Position</th>
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<td>Secretary</td>
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<td>Treasurer</td>
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<tr>
<td>Eastern District Chair</td>
<td>2-year term</td>
<td>Lori Boright</td>
</tr>
<tr>
<td>Upper Peninsula District Chair</td>
<td>2-year term</td>
<td>Caroline Gwaltney</td>
</tr>
<tr>
<td>Chair</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MPTA Institute for Education and Research Trustee</td>
<td>3-year term</td>
<td>Andrew Wicks</td>
</tr>
<tr>
<td>Additional District Offices:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eastern District Director</td>
<td></td>
<td>Joshi Kaushik</td>
</tr>
<tr>
<td>Northern District Vice Chair</td>
<td></td>
<td>Mike Kinyon</td>
</tr>
<tr>
<td>Western District Vice Chair</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Thank you for submitting a nomination to MPTA. If you have any questions, please contact the MPTA office at mpta@mpta.com or by calling 517-234-5040.
MPTA 2019 Fall Conference in Grand Rapids

Melanie Wells, PT | Director of Conferences

The MPTA Conference Committee and MPTA Institute for Research and Education have assembled dynamic programming to help expand your boundaries of practice at our annual Research Day and Fall Conference at the Amway Grand.

**Friday, November 1st will feature**
- Poster and platform presentations of research performed by Michigan PTs, PTAs, and students
- Two pre-conference courses (with separate registration fees and space limitations)
- Awards Reception
- Evening PAC event

**Saturday, November 2nd will feature**
- 11 educational sessions to earn a maximum of 8 PDRs towards re-licensure
- Annual Membership Meeting with updates from MPTA Leaders

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### 2019 FALL CONFERENCE

**Early Bird Registration**

**Deadline: October 15, 2019**

Register Online at: [https://mpta.com/events/conferences/2019/fall/](https://mpta.com/events/conferences/2019/fall/)

- Friday CEUs/PDR credits: 1 | Saturday CEUs/PDR credits: 6.75-7.75
- *Precon CEUs/PDR credits: 3*
- Total PDR credits possible: 11.75 (*Precon is a separate registration)

**Friday November 1 – Research Day, PreCons and Awards Reception**

- Poster and platform presentations of research performed by Michigan PTs, PTAs, and students
- Two pre-conference courses (with separate registration fees and space limitations)
- Awards Reception
- Evening PAC event

**Saturday November 2 – SIG Meetings, Education Sessions and Membership Lunch**

<table>
<thead>
<tr>
<th>Member Type</th>
<th>Full Conference* Early Bird (incl. Friday and Saturday)</th>
<th>Full Conference* (after 10/15)</th>
<th>Fri 11/1 PM only Early Bird</th>
<th>Fri 11/1 PM Only (after 10/15)</th>
<th>Sat 11/2 Early Bird</th>
<th>Sat 11/2 (after 10/15)</th>
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<td>Student Members</td>
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<tr>
<td>Student Non-Members</td>
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<td>$175</td>
<td>$30</td>
<td>$45</td>
<td>$95</td>
<td>$145</td>
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</table>

*Only Full Conference Registration includes the Awards Reception November 1
Note: Saturday and Full Conference Registrations include continental breakfast and seated lunch on Saturday
PreConference Courses are $100 members/$140 for non-members

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**Looking Forward to 2020**

The Conference Committee is already working on 2020 programming, and we need your help! We are accepting Spring Conference proposals with a focus on older adult/geriatric related topics and pain science/pain management topics. Submit any PT subject for consideration at the Fall Conference. Complete the course proposal form located on the MPTA website under “Events.” Speaking at the conference earns PDRs under Activity Code 5.
### FRIDAY, NOVEMBER 1 | RESEARCH DAY AGENDA

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM - 8:00 AM</td>
<td>Registration Open for Pre-Con Courses</td>
</tr>
</tbody>
</table>
| 8:00 AM - 11:30 AM | Pre Con Courses – 3PDRs  
Aquatic Therapy Applications for Manual Techniques, Core Stabilization and Gait (Pearl and Pool)  
Enhancing Clinical Reasoning for Evaluation and Rehabilitation of Runners (Emerald AB) |
| 10:00 AM - 12:00 PM | Registration – West Concourse/Exhibit Hall Open (Ambassador West)  
Poster Set Up for poster presenters |
| 12:00 PM - 1:45 PM | Poster Judging/Viewing/Exhibit Hall Open | Exhibit Hall Open (Ambassador West) |
| 1:45 PM - 2:00 PM | Break | Exhibit Hall Open (Ambassador West)                                    |
| 2:00 PM - 3:00 PM | Platform Presentations(4)  
(Room: Pearl)  
Platform Presentations(4)  
(Emrahd AB)  
Platform Presentations(4)  
(Grand View)  
Exhibit Hall Open (Ambassador West) |
| 3:00 PM - 3:15 PM | An Overview of the Evaluation and Treatment Techniques for Benign Paroxysmal Positional Vertigo  
Bonni L. Kinne, PT, MSPT, DHSc  
(Room: Pearl)  
IKNOW PD: Outcomes and Lessons Learned When Implementing Standardized Outcome Assessment Battery for Patients with Parkinson Disease  
Amy M. Yorka, PT, PhD; Suzanne Tzianabos, PT, DPT  
Nora E. Fritz, PhD, PT, DPT; Angeles Ludua, PT, MPT; and Matthew Schroeder, PT, DPT, MS, MTC  
(Room: Emerald AB)  
Safe Mobility and Exercise Prescription Guidelines for Patients with Bone Metastasis  
Jenet Seidell PT, CLT; Suzette Smith DPT, CLT, RY200;  
Katlin Coumas,PT, DPT  
(Room: Grand View) |
| 3:15 PM - 4:15 PM |  
4:15 PM - 5:00 PM | Break |
| 5:00 PM - 6:30 PM | Awards Reception – Tickets Required (Ambassador East)  
MPT-PAC Pub Crawl – Register on MPT-PAC page by making a donation |
| 8:00 PM | MPT-PAC Pub Crawl – Register on MPT-PAC page by making a donation |

### SATURDAY, NOVEMBER 2 | POSSIBLE 7.75 CEUS/PDRS FOR SATURDAY SESSIONS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 6:45 AM - 8:00 AM | Registration-West Concourse | Exhibit Hall/Breakfast (Ambassador West)  
Delegates Meeting  
7am-7:55am  
(Room: Ruby) |
| 7:00 AM - 8:00 AM | Are You Really a Category B or C Provider?  
Selena Horner, PT, GCS  
(Room: Pearl)  
Oncology SIG Meeting  
(Room: Emerald AB)  
Pain SIG Meeting  
(Room: Grand View)  
Battling Burnout  
Nichole Chakur, PT, DPT, OCS  
Karen Frederick, PT, DPT, GCS  
Lauren Ramer-Morley, PT,DPT  
(Room: East Ambassador) |
| 8:00 AM - 10:00 AM | Leadership Literature  
Being an Evidence Based Therapy Leader  
Donald Packard  
(Room: Pearl)  
Review and Management of Hamstring Injuries  
Joel Sattgast, PT, DPT, OCS  
(Room: Emerald AB)  
Differential Diagnosis of Trauma-Induced Vertigo  
Bonni L. Kinne, PT, MSPT, DHSc  
(Room: Grand View)  
Safe Mobility and Exercise Prescription Guidelines for Patients with Bone Metastasis  
Jenet Seidell PT, CLT; Suzette Smith DPT, CLT, RY200;  
Katlin Coumas,PT, DPT  
(Room: Grand View) |
| 10:00 AM-10:30AM | Break | Exhibit Hall (West Ambassador)                                    |
| 10:30AM - 12:30PM | Owning a Business  
Jill Marlan, PT  
(Room: Pearl)  
Regional Interdependence of Cervical Spine, Thoracic Spine and Shoulder Joint Complex in Management of Upper Quarter Dysfunction  
Nitin Udhaawani, PT, DPT, C-OMPT  
(Room: Emerald AB)  
Using Your Clinical Expertise as a Leader and Advocate in Safe Patient Handling and Mobility Programs  
Jennifer McIlvaine, PT, MSPT  
(Room: Grand View) |
| 12:30 PM - 12:45 PM | Break | Exhibit Hall (West Ambassador)                                    |
| 12:45 PM - 2:00 PM | Membership Lunch – East Ambassador/ Exhibit Hall - (West Ambassador)  
2:00 PM - 2:15 PM | Break | Exhibit Hall (Ambassador West)                                    |
| 2:15 PM - 5:00 PM | Documenting for Success  
Cathy DeMartini, PT  
(Room: Pearl)  
Evaluating and Treating Muscle Power Deficits: From Athletes to the Elderly  
William Suits, PT, DPT SCS, OCS  
(Room: Emerald AB)  
Using Your Clinical Expertise as a Leader and Advocate in Safe Patient Handling and Mobility Programs  
Jennifer McIlvaine, PT, MSPT  
(Room: Grand View)  
Safe Mobility and Exercise Prescription Guidelines for Patients with Bone Metastasis  
Jenet Seidell PT, CLT; Suzette Smith DPT, CLT, RY200;  
Katlin Coumas,PT, DPT  
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| 5:00 PM - 6:30 PM | Awards Reception – Tickets Required (Ambassador East)  
MPT-PAC Pub Crawl – Register on MPT-PAC page by making a donation |
| 8:00 PM | MPT-PAC Pub Crawl – Register on MPT-PAC page by making a donation |

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**Fall 2019 | Shoreline Newsletter**
Thank you to our Fall Conference Sponsors:

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GOLD

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MidMichigan Health
UNIVERSITY OF MICHIGAN HEALTH SYSTEM

NewGait™

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Student Relations Committee Update

Emily Bode, SPT, Co-Chair | Victoria Krajencia, SPT, Co-Chair

The MPTA Student Relations Committee (SRC) is hosting its annual Meet and Greet event on Sunday, September 15, from 12:30 to 3:00 pm at Lansing Brewing Company, 518 E Shiawassee St, Lansing, MI. Join us to network with other students, MPTA board members, and learn more about the SRC and what we are doing. Appetizers will be provided along with fun games such as bingo, trivia, and ice breakers. SRC Meet and Greet is a great way to interact with PT and PTA students from a variety of schools around Michigan. If you are looking to get involved with the MPTA, SRC, or want to meet new physical therapy-minded friends, you won’t want to miss this event.

The SRC committee organizes the annual Student Conclave, which will take place in March of 2020 in Ypsilanti, MI. Details on topics, speakers, and activities are being finalized and will be shared via the MPTA website (mpta.com), email blasts, and Facebook. Student Conclave is a hallmark event of the SRC and draws hundreds of students and therapists from around the state. If you have suggestions for Conclave or would like more information on SRC before these events, email us at mpta@mpta.com.

We look forward to seeing you at SRC events!
MPTA Institute welcomes Kristin Dart, MSPT as trustee. Kristin is a seasoned physical therapist with more than 20 years of clinical experience in a variety of settings, currently working in an outpatient clinic with the Veterans' Administration in Wyoming, Michigan. She has served on several non-profit boards in the Grand Rapids area. Kristin successfully wrote and received a grant of $23,000 from Autism Speaks to allow young adults with disabilities to participate in hippotherapy. She is passionate about finding new paths for treating chronic pain and eliminating the opioid crisis. Kristin serves as a trustee to “...advance research and education in evidence-based best practices to improve our profession as movement specialists.”

MPTA Institute would like to acknowledge the generous donation of $5,000 from the estate of Mrs. Jeanne Townsend, a grateful patient who had received physical therapy services. These funds will help support the MPTA Institute’s mission of education and research in physical therapy through research grants, awards, and scholarships.

Have you donated to MPTA Institute? Do you shop online at Amazon.com? The AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to your chosen charity. Create a smile.amazon.com account and select the MPTA Institute for Education and Research as your targeted charitable organization. Access smile.amazon.com every time you shop. What an easy, affordable way to advocate for your profession! For other ways to donate, visit the MPTA Institute webpage at mpta.com/institute-education-research.

Physical Therapy has a strong role to play in the future of healthcare – but are the facts available to key decision-makers?

With too few physical therapist researchers specializing in health services and policy research, our profession is not producing the analysis to advocate for physical therapy in regulatory and legislative settings. Researchers have equipped the profession with the scientific legitimacy to be a full participant in modern healthcare. Now, at this moment of change, we must position ourselves to be a full part of the conversation – and research is again critical.

That is why Michigan Physical Therapy Association partnered with the Foundation, APTA and with over 40 APTA components and corporate donors, individual donors, and family foundations that have contributed over $3 million to establish a Center of Excellence in Health Services/Policy Research that will expand the health services/policy research bandwidth within the profession to communicate our strengths to other healthcare stakeholders through analysis of the costs, delivery and outcomes of physical therapy. Additional funds raised will support grants and scholarships for health services/policy research through the Foundation’s existing funding process. For more information about CoHSTAR go to: https://foundation4pt.org/cohstar/.

The Michigan Chapter pledged $50,000 over 5 years and the final installment was paid in 2018. The Michigan Institute for Education and Research pledged an additional $50,000 for a total commitment by Michigan of $100,000!

 Grassroots fundraising by the Institute has so far raised $33,000 of the Institute’s $50,000 commitment – and we hope to raise the remaining $17,000 by the end of 2019.

To join this campaign and to help the Institute reach this $50,000 goal, please consider making an individual donation of $5,000, $1,000, $500, $250 or $100. Pledges and donations may be made at https://foundation4pt.org/mpta/

THANK YOU TO THE GENEROUS DONORS WHO HAVE MADE THESE CONTRIBUTIONS!!
**District News**

**EASTERN DISTRICT UPDATE**

**Jennifer Blackwood, PT, PhD, District Chair**

Altruism has been a prominent core value expressed in the District in 2019! Eastern District MPTA members volunteered their professional skills while earning valuable PDRs at several events over the past few months:

- **May:** Fall Risk Screening at St. Ireneaus Catholic Church, Rochester, coordinated by Annemarie Kammann. Over 45 seniors were screened using the CDC STEADI fall prevention program. Participants with fall risk were referred to their providers for follow up.

- **May:** Michigan Special Olympics coordinated by District Vice-Chair, Karen Houting, and District Director, Mike Kinyon.

- **June:** Detroit Yacht Club Fun Day in the Sun coordinated by MPTA member Erica Gray, PT. Over 250 special needs adults were supported in traversing challenging terrain to enjoy this annual event safely.

- **August:** Michigan Senior Olympics Track & Field coordinated by Mihir Trivedi and Melanie Wells

Achieving PDRs can be fun! Join us for future activities that give back to our communities. Let us know if you need volunteers for a community event or activity near you. Email details to mpta@mpta.com.

We have a great lineup of events & activities planned for the remainder of 2019.

Saturday, **September 21st we’ll host a pediatric course** titled ‘Let’s Get Moving!!! The Power of Early Mobility’ by Dr. Lisa Kenyon PT, DPT, PhD, PCS. Location: Wayne State University. Five PDRs for the course have been approved. Cost: $75 for members. $30 for student members.

October is PT Month! **Monday, October 14th, we’ll host our district educational event & membership meeting at Oakland University.** Dr. Christopher Wilson, PT, DSc, GCS will be present ‘What every therapist needs to know about palliative care.’ If you want to learn how to incorporate best practices for the patient that requires medically necessary physical therapy services but is not expected to functionally or objectively improve, then plan to be at this event. One PDR has been approved for this lecture. On-site check-in begins at 6 pm, District meeting at 6:30 pm, and the lecture at 7:15 pm. This event is free. Light refreshments will be provided. RSVP is required as space is limited.

Further event details and registration links can be found at mpta.com.

Be sure to download the legislative advocacy app from APTA so that you can respond quickly when time-sensitive initiatives arise. Your voice, your vote, & your practice counts!

Be sure to VOTE for the leadership of MPTA. We need members to step up to lead the Eastern District into the future. Current leaders are term-limited in our positions.

If you would like to host a meeting or serve as an educational speaker for a meeting in 2020, please contact one of the district leaders or email your suggestions to mpta@mpta.com.

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**NORTHERN DISTRICT**

**Sarah Patterson, PT, DPT, Chair**

Thank you to those of you that attended our district education opportunities from SI Bone in March and our Pain course in April! Our upcoming sessions are in specialty areas of Pelvic Floor & Orthopedics and are designed for attendance by all experience levels of PTs, PTAs, and students. If you are looking for an introduction to these topics or to expand your toolbox in these areas, these courses are for you.

September 21st we’ll host a 1-day course “Getting to the Bottom of the Core: How Pelvic Floor Exercises Can Enhance Patient Outcomes” presented by Wynne Tezak, PT, DPT. This course is approved for 6 PDRs. Location: Traverse City. 8am-4pm.

October 12th we’ll host the “First Annual Northern Michigan Sports Medicine Symposium” & “Identification of Human Trafficking Victims.” The symposium will feature a collaboration of physical therapists and physicians to present high-quality orthopedic content. This course is approved for 3 PDRs plus the human trafficking licensure requirement. Location: Petoskey. 8am-1pm.

For more information, including course objectives, specific locations, and registration, please visit mpta.com, Continuing Education, Courses approved by MPTA.

If you have ideas for continuing education or are interested in getting involved in the MPTA at the district level, please contact me via email at mpta@mpta.com. Don’t forget to “like” our “MPTA Northern District” page on Facebook to stay updated on these courses and more happenings within the MPTA Northern District.
UPPER PENINSULA DISTRICT
Caroline Gwaltney, PT, DPT, Chair

The U.P. District hosted a successful service activity Shorelines Article – UP District

As I write this update, I can’t help but reflect on the beautiful summer we have had in the UP. Your district leaders decided to move the summer educational program to the fall so we could all take advantage of summer weekends at the lake, on the trail, in the campground, or wherever life in the UP takes you! We have been busy working to schedule a course on chronic pain management to be held in Marquette on October 12th from 8:00am -12:00pm. The course will be taught by Liz Peppin, PA-C, TPS and Leonard Van Gelder, PT, DPT, ATC, TPS, CSMT, CSCS. Both instructors have clinical specialization in the area of pain science and are wonderful speakers! Additional information and course registration will be posted on the MPTA events calendar.

October 12th also happens to be the Global PT Day of Service. PTs will participate in service activities across the globe, and we want to join! We are planning an outdoor activity during a colorful, fall day to assist a charity organization in the Marquette area; please watch for more details via email and the Facebook page.

WESTERN DISTRICT UPDATE
Ryan Borck, PT, DPT District Chair

The Western District hosted “Eats + Education”, a continuing education dinner event, at Baker College in Muskegon on May 16. Registration exceeded room capacity. We apologize to MPTA members who could not be accommodated.

Ryan Borck shared the three-fold vision for experiencing value of MPTA membership in the Western District: 1) protect the profession against endless reimbursement and regulatory attacks, 2) network and be refreshed, and 3) improve practice with high-quality continuing education. The Western District set a goal to grow our membership 3% this year, from 900 to 927, to help area professionals achieve the vision. Invite a friend/colleague to join!

Our next district meeting will continue the “Eats + Education” series at Western Michigan University on October 15th to celebrate their inaugural DPT program year. Details will be posted on our district Facebook page.

MPTA CLASSIFIEDS

The place to find physical therapy jobs in Michigan. MPTA members receive a discount on job postings.

Go to mpta.com/classifieds!